



Abbot's Streets

Strengthen our
neighbourhood

Abbot's Streets

- **Over 550 households are each cutting an average £570 from their annual household bills and 1.2 tonnes from their carbon footprint.**
- **38% of them - homeowners, tenants, community living and sheltered housing residents - have low disposable incomes.**

Transition Streets

- The Department of Energy and Climate Change [GfK NOP report](#) found that Transition Streets 'has had a number of positive outcomes on the opinions and behaviours of Totnes residents.'

Transition Streets

- **Participating towns are:**
 - Totnes
 - 5 villages across Suffolk
 - St Albans
 - Kings Langley
 - Buntingford are looking at this

Abbot's Streets

- **Abbots in Transition (ALTTA)** would like to join in
- We're looking for willing house-holds to reduce their energy bills



Abbot's Streets

- Just **ask around six neighbours and friends who live near you** if they'd like to form an "Abbot's Streets" group.
- We'll give you a workbook and facilitator to get your group started.
- You then **meet every few weeks** to help each other make simple practical changes.

What does it involve?

- **There are seven meetings in total. After the first kick-off session, you then work together through five practical sessions, guided by a workbook, focusing on energy efficiency, water, waste, travel and food, to make simple changes to reduce your energy use. Then there's a wrap-up session at the end when the group considers what it might like to do next.**

How many in each group?

- **How many you can get in a lounge**
- **Six to eight households are ideal, but suggest no more than 10 people**

Can I do it on my own?

- **People who've tried it have found that it's much easier to make the changes together- you keep each other going and enjoy the process much more. We'll send someone who's done it before along to the first meeting to help you all get started. If you find you really don't enjoy it then you can leave at any time.**

Can I really make savings?

- **Households who have taken part in Transition Streets have reported make changes which have saved them on average £570 a year against household bills**

(source: evaluation at the end).

Won't it cost a lot?

- **Many of the measures suggested in the workbook are free or low cost.**

Other benefits

- Better relationships with their neighbour
- Greater community spirit
- Encouraged local investment/shopping

Who can I speak to?

- Once a new group is formed we will provide workbooks, one for each household, and arrange for a facilitator to attend your first meeting to help get you started.

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Abbots in Transition

Abbots Langley Transition Town Association

www.altta.org.uk



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Thank you and are you interested?